

Bilaga 6 Inkluderade studier/Appendix 6 Included studies

Table 1 Included studies.

Author Year Country Reference	Intervention	Population/Inclusion criteria	Number of outcomes
Bachmann et al. 2019 USA [1]	Extended-release gabapentin.	89 women who reported >3 continuous months of insertional dyspareunia, pain to vulvar touch, or vulvar pain with tampon insertion or both and during pelvic examination.	2
Bardin et al. 2020 Brazil [2]	Kinesiotherapy treatment protocol (KTP)+ amitriptyline or amitriptyline alone.	57 women with vulvodynia.	6
Bergeron et al. 2001 Canada [3]	Compared group cognitive-behavioral therapy (12-week trial), surface electromyographic biofeedback (12-week trial), and vestibulectomy.	87 women suffering from vulvar vestibulitis.	1
Bergeron et al. 2016 Canada [4]	Group cognitive-behavioral therapy (GCBT) and a topical steroid.	97 women diagnosed with PVD.	8
Bergeron et al. 2008 Canada [5]	Vestibulectomy, biofeedback, and cognitive-behavioral therapy.	51 of the 78 women diagnosed with provoked vestibulodynia from the original study were reassessed.	7
Bergeron et al. 2021 Canada [6]	Cognitive Behavioral Couple Therapy, Topical Lidocaine.	108 couples (women with provoked vestibulodynia).	8
Bornstein et al. 1997 Israel [7]	Combination of subtotal perineoplasty and interferon (IFN) infiltration of the remaining anterior vestibule.	19 women with vulvar vestibulitis.	1
Bornstein et al. 2010 Israel [8]	The calcium antagonist nifedipine.	50 participants at least 6 months from localised provoked vulvodynia according to Friedrich's first 2 criteria.	9

Author Year Country Reference	Intervention	Population/Inclusion criteria	Number of outcomes
Bornstein et al. 1995 Israel [9]	Either perineoplasty or vestibuloplasty.	21 women with vulvar vestibulitis.	1
Brotto et al. 2015 Canada [10]	Mindfulness-based Group Therapy.	85 women with PVD.	8
Brotto et al. 2020 Canada [11]	Cognitive-behavioral therapy (CBT) vs group mindfulness-based cognitive therapy (MBCT).	Participants were 130 women diagnosed with PVD.	8
Brotto et al. 2019 Canada [12]	Mindfulness-based cognitive therapy (MBCT) versus CBT.	130 women diagnosed with PVD by a physician.	9
Brotto et al. 2020 Canada [13]	Mindfulness-based cognitive therapy (MBCT) and cognitive behavioral therapy (CBT).	130 women with PVD.	3
Brown et al. 2018 USA [14]	Gabapentin	89 women with localised provoked vulvodynia.	4
Danielsson et al. 2006 Sweden [15]	Electromyographic biofeedback or topical lidocaine treatment for four months.	46 women with vulvar vestibulitis.	5
Diomande et al. 2019 Switzerland [16]	Botulinum toxin type A (BT).	33 PVD patients.	7
Donders et al. 2012 Belgium [17]	Cutaneous lysate skin cream containing human cytokines.	30 patients experiencing provoked localised vulvodynia with visible vulvar erythema.	6
Farajun et al. 2012 Israel [18]	Enoxaparin—a low-molecular-weight heparin with antiheparanase properties.	40 women with severe localised provoked vulvodynia.	7
Foster et al. 2010 USA [19]	Topical lidocaine monotherapy, oral desipramine monotherapy, and lidocaine-desipramine combined therapy.	133 vulvodynia-afflicted women.	15
Goldfinger et al. 2016 Canada [20]	Cognitive-behavioral therapy (CBT) compared to physical therapy (PT).	20 women with provoked vestibulodynia.	11
Gruenwald et al. 2021 Israel [21]	Low-intensity shockwave therapy.	32 women with provoked vestibulodynia.	5

Author Year Country Reference	Intervention	Population/Inclusion criteria	Number of outcomes
Guillet et al. 2019 USA [22]	Mindfulness-based group cognitive behavior therapy (M-gCBT) versus education support group therapy.	Reported dyspareunia for at least 6 months in nonpregnant, estrogen-replete women aged 18 to 55 years meeting Friedrich's criteria.	7
Haraldson et al. 2020 Sweden [23]	Botulinum toxin A.	88 women with provoked vestibulodynia.	7
Hess Engström et al. 2022 Sweden [24]	Internet-based platform.	99 participants with provoked vulvodynia.	7
Hullender Rubin et al. 2019 USA [25]	Traditional acupuncture (TA) or non-TA (NTA). All participants applied lidocaine 5 % cream 4 times daily to the vestibule.	19 women diagnosis of provoked localized vulvodynia using Friedrich's criteria.	12
Kamdar et al. 2007 USA [26]	Montelukast.	29 + 18 women with PVD.	3
Langlais et al. 2017 Canada [27]	Conjugated equine estrogen cream.	20 women aged 18 to 45 with secondary provoked vestibulodynia, superficial dyspareunia for at least 3 months.	6
Lev-Sagie et al. 2017 Israel [28]	Low-level laser therapy.	34 patients with PVD participated.	10
Morin et al. 2017 Canada [29]	Transcranial direct-current stimulation.	40 Women aged 17-45 years diagnosed with provoked vestibulodynia by a gynecologist.	12
Morin et al. 2020 Canada [30]	Multimodal physical therapy compared with topical lidocaine.	212 women diagnosed as having provoked vestibulodynia.	5
Murina et al. 2008 Italy [31]	Transcutaneous electrical nerve stimulation (TENS).	40 women with vestibulodynia.	4
Murina et al. 2018 Italy [32]	Vaginal diazepam in addition to transcutaneous electrical nerve stimulation (TENS).	42 patients with localised provoked vulvodynia at the vestibule.	3
Murina et al. 2013 Italy [33]	Palmitoylethanolamide + transpolydatin combination in patients with vestibulodynia undergoing transcutaneous electrical nerve stimulation (TENS) therapy.	20 women with vestibulodynia	4

Author Year Country Reference	Intervention	Population/Inclusion criteria	Number of outcomes
Nyirjesy et al. 2001 USA [34]	Cromolyn creme	26 patient with chronic idiopathic vulvar pain	3
Petersen et al. 2009 Denmark [35]	Botox	Participants were 64 women diagnosed with provoked vestibulodynia.	6
Weijmar Schultz et al. 1996 The Netherlands [36]	Behavioral approach with or without preceding surgical intervention.	48 women with the vulvar vestibulitis syndrome.	1

BT = Botulinum toxin; CBT = Cognitive-behavioral therapy; GCBT = Group cognitive-behavioral therapy; KTP = Kinesiotherapy treatment protocol; MBCT = Mindfulness-based cognitive therapy; M-gCBT = Mindfulness-based group cognitive behavior therapy; non-TA (NTA) = Non traditional acupuncture; PT = Physical therapy; PVD = Provoked vestibulodynia; TA = Traditional acupuncture; TENS = Transcutaneous electrical nerve stimulation

Table 2 Included clinical trials.

Author Title	Link to post	Intervention	Population/Inclusion criteria	Number of outcomes
Monica Buhrman Internet-based Treatment for Provoked Vestibulodynia.	https://ClinicalTrials.gov/show/NCT04045041	Acceptance and commitment therapy.	60 suffer from provoked vestibulodynia/symptoms of vestibulodynia.	13
Andrea Nackley Vestibulodynia: Understanding Pathophysiology and Determining Appropriate Treatments.	https://ClinicalTrials.gov/show/NCT03844412	5 % lidocaine/5 mg/ml 0.02 % estradiol compound cream, Nortriptyline.	400 meeting criteria for diagnosis of vestibulodynia.	14
Donna J Carrico Study of Emu Oil vs. Placebo for Vulvar Pain in Women.	https://ClinicalTrials.gov/show/NCT01295268	Emu Oil	1	2
Judith Schlaeger Effect of Acupuncture on Patient Vulvodynia Outcomes.	https://ClinicalTrials.gov/show/NCT03364127	Acupuncture	80	3
Jacqueline Rohl 5 % Lidocaine Ointment in the Treatment of Vulvar Vestibulitis.	https://ClinicalTrials.gov/show/NCT00450242	5% topical lidocaine ointment.	14 women with the clinical diagnosis of vulvar vestibulitis who have dyspareunia as their primary complaint. They must have a current sexual partner.	4
Mélanie Morin High-level Laser for Provoked Vestibulodynia.	https://ClinicalTrials.gov/show/NCT04502810	High-level laser therapy.	41 provoked vestibulodynia lasting at least 3 months prior to the study and diagnosed by a standardised gynaecologic exam.	17
Lori A Brotto Integrated Mindfulness for Provoked Vestibulodynia.	https://ClinicalTrials.gov/show/NCT01704443	Group Psychoeducational Treatment	97 diagnosis of provoked vestibulodynia.	4
Catherine A Matthews Randomized CO2 vs Sham Laser Treatment of Provoked Vestibulodynia.	https://ClinicalTrials.gov/show/NCT03390049	Fractional CO2 Laser Treatment	0	11

Author Title	Link to post	Intervention	Population/Inclusion criteria	Number of outcomes
Beri M Ridgeway Pregabalin for the Treatment of Vulvodynia.	https://ClinicalTrials.gov/show/NC00853229	Pregabalin	16 vulvodynia	2
Linda McLean Is Low Level Laser Therapy (LLLT) Effective for Reducing Pain Experienced by Women With Provoked Vestibulodynia?	https://ClinicalTrials.gov/show/NC04234542	Low Level Laser Therapy	60 signs and symptoms consistent with provoked vestibulodynia alone or provoked vestibulodynia plus vaginismus.	19
Nina Bohm-Starke Botulinum Toxin A as a Treatment for Provoked Vestibulodynia.	https://ClinicalTrials.gov/show/NC04057755	Botulinum toxin A	90 PVD	9
Bernard Depypere Lipofilling as a Treatment for Vestibulodynia.	https://ClinicalTrials.gov/show/NC03431779	Adipose derived stem cell transplantation via lipofilling, Surgical excision	30 vestibulodynia requesting surgery.	1
Ahinoam Lev-Sagie Low Level Laser Therapy for the Treatment of Provoked Vestibulodynia.	https://ClinicalTrials.gov/show/NC01149031	Low Level Laser System	34 provoked vestibulodynia.	1
Arthur Y Fan Effect of Two Acupuncture Protocols on Vulvodynia.	https://ClinicalTrials.gov/show/NC03481621	Acupuncture	51 diagnosis of generalised vulvodynia or provoked vestibulodynia.	4
Fabien Pelletier A Pilot Study of the Effects of Botulinum Toxin in the Treatment of Provoked Vestibulodynia.	https://ClinicalTrials.gov/show/NC02858219	Botulinum Toxin Type A	66 vestibulodynia pain.	1
Yaron Hamani The Use of Acupuncture for the Treatment of Vulvar Vestibulitis	https://ClinicalTrials.gov/show/NC02362763	Acupuncture	42 confirmed diagnosis of vestibulodynia.	2
Gerda Trutnovsk Lasertherapy for Vulvodynia.	https://ClinicalTrials.gov/show/NC04711369	Yag laser	92 women with vulvodynia.	18

Author Title	Link to post	Intervention	Population/Inclusion criteria	Number of outcomes
James A. Simon Dysport in Vulvodynia Phase II Study.	https://ClinicalTrials.gov/show/NCT03598777	Botulinum toxin type A	60 have provoked pain at the vestibule on a Q tip test	14
Robin M Masheb A Randomized Clinical Trial for Women With Vulvodynia	https://ClinicalTrials.gov/show/NCT00607490	Cognitive-Behavioral Therapy, Supportive Psychotherapy	50 women with vulvodynia	3
Steven Weyers Infiltration of the Vestibulum Vaginae With Botulin Toxin in Patients With Localized Provoked Vulvodynia.	https://ClinicalTrials.gov/show/NCT01747161	Botulin toxin	5 localised provoked vulvodynia	3
Jacob Bornstein Dysbiosis in Localized Provoked Vulvodynia (LPV).	https://ClinicalTrials.gov/show/NCT02393911	Low Oxalate Diet	70 meet Friedrich's first two criteria for vulvar Vestibulitis syndrome	2
Catherine Leclair Remote Mindfulness Education PLV.	https://ClinicalTrials.gov/show/NCT03541512	Mindfulness , Education	46 confirmed diagnosis of provoked localised vulvodynia.	2
Siri Forsmo Multidisciplinary Treatment of Chronic Vulvar Pain.	https://ClinicalTrials.gov/show/NCT03640624	Multidisciplinary treatment, Treatment as usual.	110 vulvodynia chronic pain inclusion criteria: Women aged 18 years and older chronic vulvar pain for ≥3 months of duration.	9
Patricia Nelson Effect of Spinal Manipulation on Vulvar Pain.	https://ClinicalTrials.gov/show/NCT04016467	Thoracic manipulation	Inclusion criteria: 50 participants with Vulvar Pain	2
Slawomir Wojniusz Somatocognitive Therapy in Treatment of Provoked (Localized) Vestibulodynia - Randomized Clinical Trial (ProLoVe Study).	https://ClinicalTrials.gov/show/NCT04613713	Somatocognitive physiotherapy	129 clinical diagnosis of provoked vestibulodynia.	11

PVD = Provoked vestibulodynia; TAU = Treatment as usual

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