

Bilaga 4 Tabell över inkluderade kvantitativa studier/ Appendix 4 Table over included quantitative studies

Quantitative studies

Ali Masri 2018

Study aim	To explore the impact of a training intervention on obstetric anal sphincter injuries' detection rate.																														
Method	Design: Uncontrolled before and after Country: Palestine Setting: Multicentre, six secondary and tertiary maternity units																														
Participants	Sample size: 22 922 women Population: Primiparous 26.6% (68% delivered by obstetrician) parous women 73.4% (40% delivered by obstetrician) Maternal and fetal characteristics: <table border="1" style="margin-left: 20px;"> <thead> <tr> <th></th> <th>phase 1 (mean±SD or %)</th> <th>phase 2 (mean±SD or %)</th> <th>phase 3 (mean±SD or %)</th> </tr> </thead> <tbody> <tr> <td>Age (y)</td> <td>26±5.6</td> <td>26±5.5</td> <td>26±5.7</td> </tr> <tr> <td>BMI (kg/m²)</td> <td>not reported</td> <td>not reported</td> <td>not reported</td> </tr> <tr> <td>Primiparous*</td> <td>24.3%</td> <td>28.3%</td> <td>26.4%</td> </tr> <tr> <td>Instrumental delivery</td> <td>2.9%</td> <td>2.3%</td> <td>2.4%</td> </tr> <tr> <td>Episiotomy*</td> <td>24.3%</td> <td>26.3%</td> <td>24.1%</td> </tr> <tr> <td>Birth weight (g)</td> <td>3237±516</td> <td>3219±516</td> <td>3257±514</td> </tr> </tbody> </table> <p>*p<0.05</p>				phase 1 (mean±SD or %)	phase 2 (mean±SD or %)	phase 3 (mean±SD or %)	Age (y)	26±5.6	26±5.5	26±5.7	BMI (kg/m ²)	not reported	not reported	not reported	Primiparous*	24.3%	28.3%	26.4%	Instrumental delivery	2.9%	2.3%	2.4%	Episiotomy*	24.3%	26.3%	24.1%	Birth weight (g)	3237±516	3219±516	3257±514
	phase 1 (mean±SD or %)	phase 2 (mean±SD or %)	phase 3 (mean±SD or %)																												
Age (y)	26±5.6	26±5.5	26±5.7																												
BMI (kg/m ²)	not reported	not reported	not reported																												
Primiparous*	24.3%	28.3%	26.4%																												
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Episiotomy*	24.3%	26.3%	24.1%																												
Birth weight (g)	3237±516	3219±516	3257±514																												
	Follow-up time: 13 weeks postintervention Dropouts: 16 doctors (19.5%) and 13 midwives (20.6%) in total for three of the six units. For the other three units: 11 doctors (23.9%) and 7 midwives (18.9%)																														
Intervention	A 2-day standard training programme consisting of educational lectures and practical training for doctors and midwives. Study included three phases: pre-clinical training observation, training-intervention, and post-intervention observation. Intervention was delivered to 66 (80.5%) doctors and 50 (79.4%) midwives in three of the six units and 35 (76.1%) doctors and 30 (81.1%) midwives in the other three units																														
Outcome	OASIS rates at three phases: Phase 1 - Preclinical training observation, 13 weeks Phase 2 - Training intervention, 15 weeks Phase 3 - Postintervention observation, 13 weeks																														

Results	<p>OASIS rate, <i>primiparous</i> women</p> <p>phase 1: 0.5%</p> <p>phase 2: 2.8%, p<0.001</p> <p>phase 3: 3.1%, p<0.001</p> <p>No significant differences were detected in the rates of severe OASIS (third-degree 3c and fourth-degree tears) between phase 1 and 2.</p> <p>OASIS rates after compared with before the training intervention: Adjusted OR=4.3 (95% CI: 2.6 to 7.2)</p>	<p>OASIS rate, <i>parous</i> women</p> <p>phase 1: 0.2%</p> <p>phase 2: 0.6%, p=0.002</p> <p>phase 3: 0.4%, p=0.071</p>
Risk of bias	Moderate	
Comments	Limitations: short follow-up, underpowered to detect changes in rates for severe OASIS, dropout rate relatively large.	

OASIS = Obstetric anal sphincter injuries

Krissi 2016

Study aim	To assess the effect of a structured hands-on workshop on the detection rate of obstetric anal sphincter injuries.																							
Method	<p>Design: Uncontrolled before and after</p> <p>Country: Israel</p> <p>Setting: Tertiary hospital</p>																							
Participants	<p>Sample size: 20,484 women</p> <p>Population: singleton-pregnancy women with vertex presentation who delivered vaginally. 13,781 (67.3 %) women delivered prior to the workshop, and 6703 (32.7 %) women delivered following the workshop.</p> <p>Maternal and fetal characteristics:</p> <table border="1"> <thead> <tr> <th></th> <th>Before workshop (mean±SD or %)</th> <th>After workshop (mean±SD or %)</th> </tr> </thead> <tbody> <tr> <td>Age (y)*</td> <td>30.3±5.1</td> <td>31.1±5.1</td> </tr> <tr> <td>BMI (kg/m²)</td> <td>not reported</td> <td>not reported</td> </tr> <tr> <td>Primiparous</td> <td>32.5%</td> <td>33.2%</td> </tr> <tr> <td>Instrumental delivery</td> <td>9.4%</td> <td>9.5%</td> </tr> <tr> <td>Episiotomy</td> <td>21.7%</td> <td>21.5%</td> </tr> <tr> <td>Birth weight (g)</td> <td>3233±450</td> <td>3234±442</td> </tr> </tbody> </table> <p>*p<0.001</p> <p>Follow-up time: 1 year</p> <p>Dropouts: no information</p>				Before workshop (mean±SD or %)	After workshop (mean±SD or %)	Age (y)*	30.3±5.1	31.1±5.1	BMI (kg/m ²)	not reported	not reported	Primiparous	32.5%	33.2%	Instrumental delivery	9.4%	9.5%	Episiotomy	21.7%	21.5%	Birth weight (g)	3233±450	3234±442
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Intervention	Workshop comprised of a series of lectures and videos demonstrating proper identification techniques of OASI followed by a hands-on training session with cadaveric anal sphincters from pigs. Intervention was delivered to all physicians attending the delivery ward																							
Outcome	Detection rate of OASIS																							
Results	Detection rate of perineal tears:																							

	Before (%)	After (%)	p
Perineal tear grade 1	11.8	13.9	<0.001
Perineal tear grade 2	18.1	14.4	<0.001
Perineal tear grade 3	0.4	0.2	0.01
Perineal tear grade 4	0	0	0.30
OASI (3 and 4)	0.4	0.2	0.005
Risk of bias	Moderate		
Comments	Probably partial overlap with population in Ginath 2020		

OASIS = Obstetric anal sphincter injuries.

Baumfeld 2020

Study aim	To evaluate the long-term sustainability of the effect of a hands-on workshop on the diagnosis of obstetrical anal sphincter injuries (OASIS)																									
Method	Design: uncontrolled before and after Country: Israel Setting: University Medical Centre																									
Participants	Sample size: 55 639 women Population: all women who gave birth between October 2012 and January 2017 Maternal and fetal characteristics (intervention, control), mean±SD or %: <table border="1" style="margin-left: 40px;"> <thead> <tr> <th></th> <th>Before workshop (mean±SD or %)</th> <th>After workshop (mean±SD or %)</th> </tr> </thead> <tbody> <tr> <td>Age (y)*</td> <td>28.63±5.78</td> <td>28.62±5.79</td> </tr> <tr> <td>BMI (kg/m²)</td> <td>not reported</td> <td>not reported</td> </tr> <tr> <td>Primiparous</td> <td>26.5%</td> <td>27.4%</td> </tr> <tr> <td>Instrumental delivery</td> <td>3.4%</td> <td>3.6%</td> </tr> <tr> <td>Episiotomy*</td> <td>3.1%</td> <td>3.5%</td> </tr> <tr> <td>Birth weight (kg)</td> <td>3.2±0.51</td> <td>3.2±0.52</td> </tr> </tbody> </table> <p>*p=0.04</p> Follow-up time: 4 years Dropouts: no information						Before workshop (mean±SD or %)	After workshop (mean±SD or %)	Age (y)*	28.63±5.78	28.62±5.79	BMI (kg/m ²)	not reported	not reported	Primiparous	26.5%	27.4%	Instrumental delivery	3.4%	3.6%	Episiotomy*	3.1%	3.5%	Birth weight (kg)	3.2±0.51	3.2±0.52
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Intervention	Intervention: The hands-on workshop consists of a series of lectures and videos demonstrating proper identification techniques of OASIS, followed by a hands-on training session on anal sphincters from pigs. The workshop was attended by most of the department's medical staff, including senior obstetricians and gynaecologists as well as all residents																									
Outcome	Detection rate of OASIS																									
Results	Detection rate of perineal tears: <table border="1" style="margin-left: 40px;"> <thead> <tr> <th></th> <th>Before</th> <th>1-year</th> <th>2 years</th> <th>3 years</th> <th>4 years</th> </tr> </thead> <tbody> <tr> <td>OASIS</td> <td>0.25%</td> <td>0.49%</td> <td>0.37%</td> <td>0.20%</td> <td>0.30%</td> </tr> </tbody> </table>						Before	1-year	2 years	3 years	4 years	OASIS	0.25%	0.49%	0.37%	0.20%	0.30%									
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Comments	Probably partial overlap with population in Ginath 2020																									

OASIS = Obstetric anal sphincter injuries

Ginath 2020

Study aim	to evaluate the influence of a half day, hands-on, workshop on the detection and repair of obstetric anal sphincter injuries (OASIS)																							
Method	Design: Multicentre, uncontrolled before and after Country: Israel Setting: 11 medical centres																							
Participants	Sample size: 143 279 Population: parturient with singleton pregnancy, vertex presentation and vaginal delivery. Pre-viable preterm gestations (< 24 weeks), birth weight < 500 g, stillborn, and those with major congenital anomalies, multifetal pregnancies, breech presentations and caesarean deliveries were excluded from the analysis Maternal and fetal characteristics of women with OASIS: <table border="1" style="margin-left: 40px;"> <thead> <tr> <th></th> <th style="text-align: center;">Before (mean±SD or %)</th> <th style="text-align: center;">After (mean±SD or %)</th> </tr> </thead> <tbody> <tr> <td>Age (y)*</td> <td style="text-align: center;">27.9±7.0</td> <td style="text-align: center;">28.2±9.7</td> </tr> <tr> <td>BMI (kg/m²)</td> <td style="text-align: center;">27.3±5.2</td> <td style="text-align: center;">27.3±4.5</td> </tr> <tr> <td>Primiparous</td> <td style="text-align: center;">79.8%</td> <td style="text-align: center;">76.6%</td> </tr> <tr> <td>Instrumental delivery</td> <td style="text-align: center;">30.3%</td> <td style="text-align: center;">26.2%</td> </tr> <tr> <td>Episiotomy</td> <td style="text-align: center;">55.4%</td> <td style="text-align: center;">52.4%</td> </tr> <tr> <td>Birth weight (g)</td> <td style="text-align: center;">3442.9±395.4</td> <td style="text-align: center;">3453.1±428.1</td> </tr> </tbody> </table> Follow-up time: 1 year Dropouts: no information				Before (mean±SD or %)	After (mean±SD or %)	Age (y)*	27.9±7.0	28.2±9.7	BMI (kg/m ²)	27.3±5.2	27.3±4.5	Primiparous	79.8%	76.6%	Instrumental delivery	30.3%	26.2%	Episiotomy	55.4%	52.4%	Birth weight (g)	3442.9±395.4	3453.1±428.1
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Faltin 2000

Study aim	To determine whether anal endosonography immediately after vaginal delivery can predict subsequent fecal incontinence
Method	Design: DTA Country: Switzerland Clinical setting: University hospital
Participant	Sample size: 150 women Population: nulliparas who delivered vaginally and had no anal sphincter tears (third- or fourth-degree perineal tears)

	Maternal and fetal characteristics:																					
	<table border="1"> <thead> <tr> <th></th> <th>Incontinent (mean±SD or %)</th> <th>Continent (mean±SD or %)</th> </tr> </thead> <tbody> <tr> <td>Age (y)</td> <td>30.2±5.2</td> <td>28.2±4.8</td> </tr> <tr> <td>BMI (kg/m²)</td> <td>21.2±2.4</td> <td>22.4±3.9</td> </tr> <tr> <td>Primiparous</td> <td>100%</td> <td>100%</td> </tr> <tr> <td>Instrumental delivery</td> <td>50%</td> <td>37%</td> </tr> <tr> <td>Episiotomy</td> <td>46%</td> <td>56%</td> </tr> <tr> <td>Birth weight* (g)</td> <td>3463±468</td> <td>3193±426</td> </tr> </tbody> </table>		Incontinent (mean±SD or %)	Continent (mean±SD or %)	Age (y)	30.2±5.2	28.2±4.8	BMI (kg/m ²)	21.2±2.4	22.4±3.9	Primiparous	100%	100%	Instrumental delivery	50%	37%	Episiotomy	46%	56%	Birth weight* (g)	3463±468	3193±426
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	*p<0.05																					
	Inclusion criteria: vaginal delivery without anal sphincter tears (third- or fourth-degree perineal tears)																					
	Exclusion criteria: 3 rd or 4 th degree perineal tears, caesarean section																					
	Dropouts: 4%																					
Index test	Index test: anal endosonography																					
Target condition and reference standard	Target condition: fecal incontinence Reference test: questionnaires on fecal continence																					
Flow and timing	Time interval between index test and reference standard: 142 days (range 103–334 days)																					
Results	Anal endosonography for predicting fecal Incontinence: Sensitivity 68% (95% CI, 49 to 88%) Specificity 79% (95% CI, 71 to 86%)																					
Risk of bias	Low																					

BMI=Body mass index, SD=standard deviation

Faltin 2005

Study aim	Whether diagnosis of anal sphincter tears by ultrasonography, followed by immediate surgical repair, reduces the occurrence of incontinence.			
Method	Design: RCT Country: Switzerland Setting: University hospital			
Participants	Sample size: 752 women Population: nulliparous women with a second-degree perineal tear, whether spontaneous or after episiotomy.			
	Maternal and fetal characteristics:			
		Incontinent (mean±SD or %)	Continent (mean±SD or %)	p
	Age	28.9±4.5	29.2±5.0	not reported
	BMI (kg/m ²)	not reported	not reported	not reported
	Primiparous	100%	100%	not reported
	Instrumental delivery	40.4%	42.0%	not reported

	<i>Episiotomy</i>	51.6%	51.9%	not reported
	<i>Birth weight (g)</i>	not reported	not reported	
	Exclusion criteria: women with clinically diagnosed third- or fourth-degree perineal tear, women who delivered by caesarean, and those with an intact perineum or first-degree perineal tear.			
	Follow-up time: 3 and 12 months			
	Dropouts:			
		<ul style="list-style-type: none"> • Experimental 3.2% (3 months), 9.0% (12 months) • Control 5.6% (3 months), 9.0% (12 months) 		
Interventions	Experimental: clinical and ultrasound examination of the anal sphincter			
	Control: clinical examination alone			
Outcome	Fecal incontinence			
Results	Reported severe incontinence			
	<i>3 months</i>		<i>1 year</i>	
	Experimental: 3.3%		Experimental: 3.2%	
	Control: 8.7%		Control: 6.7%	
	RR= -5.4% (95% CI, -8.9 to -2.0)		RR= -3.5 (95% CI, -6.8 to -0.03)	
	NNT=19 (95% CI, 11 to 50)		NNT=29 (95% CI, 15 to 333)	
Risk of bias	Low			

NNT = Number needed to treat; RR = Risk difference.

Bellussi 2019

Study aim	to evaluate the feasibility and accuracy of the assessment of anal sphincter contraction by dynamic 2-dimensional transperineal ultrasound imaging (TPUS) immediately after delivery and its correlation with anal incontinence at the 4-month follow-up evaluation.															
Method	Design: DTA Country: Italy Clinical setting: University Hospital															
Participant	Sample size: 69 Population: women having their first vaginal delivery Maternal and fetal characteristics: <table border="1" style="margin-left: 40px;"> <thead> <tr> <th></th> <th style="text-align: center;">mean (± SD or % or range)</th> </tr> </thead> <tbody> <tr> <td>Age (y)</td> <td style="text-align: center;">32 (24–42)</td> </tr> <tr> <td>BMI (kg/m²)</td> <td style="text-align: center;">26 (19–34)</td> </tr> <tr> <td>Primiparous</td> <td style="text-align: center;">100%</td> </tr> <tr> <td>Instrumental delivery</td> <td style="text-align: center;">23.2%</td> </tr> <tr> <td>Episiotomy</td> <td style="text-align: center;">0%</td> </tr> <tr> <td>Birth weight* (g)</td> <td style="text-align: center;">3260 (2530–4240)</td> </tr> </tbody> </table>			mean (± SD or % or range)	Age (y)	32 (24–42)	BMI (kg/m ²)	26 (19–34)	Primiparous	100%	Instrumental delivery	23.2%	Episiotomy	0%	Birth weight* (g)	3260 (2530–4240)
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Episiotomy	0%															
Birth weight* (g)	3260 (2530–4240)															
	Inclusion criteria: women having their first vaginal delivery															
	Exclusion criteria: previous vaginal deliveries, multiple pregnancies, known anorectal diseases, and maternal age <18 years															

	Dropouts: 1/69 (1.5%)
Index test	Index test: 2-dimensional transperineal ultrasound (TPUS)
Target condition and reference standard	Target condition: fecal incontinence Reference test: questionnaires on fecal continence
Flow and timing	Time interval between index test and reference standard: 4 months
Results	TPUS for predicting fecal Incontinence: Sensitivity 50 % (16 till 84 %) Specificity 85 % (73 till 93 %)
Risk of bias	Moderate

Pihl 2019

Study aim	To evaluate the relation between the AVD measured with transperineal ultrasound immediately after delivery and external anal sphincter injury														
Participant	Design: DTA Country: Sweden Clinical setting: delivery unit in university hospital														
Participant	Sample size: 150 women Population: woman with suspected second- or third-degree perineal laceration Maternal and fetal characteristics, mean±SD or %: <table style="margin-left: 40px; border-collapse: collapse;"><thead><tr><th></th><th style="text-align: center; border-bottom: 1px solid black;">mean±SD or %</th></tr></thead><tbody><tr><td>Age (y)</td><td style="text-align: center;">29.8±4.2</td></tr><tr><td>BMI (kg/m²)</td><td style="text-align: center;">24.2±4.2</td></tr><tr><td>Primiparous</td><td style="text-align: center;">100%</td></tr><tr><td>Instrumental delivery</td><td style="text-align: center;">not reported</td></tr><tr><td>Episiotomy</td><td style="text-align: center;">0%</td></tr><tr><td>Birth weight (g)</td><td style="text-align: center;">not reported</td></tr></tbody></table> Exclusion criteria: First- and fourth-degree perineal lacerations, inability to understand Swedish or earlier perineal surgery or trauma Follow-up time: Dropouts:		mean±SD or %	Age (y)	29.8±4.2	BMI (kg/m ²)	24.2±4.2	Primiparous	100%	Instrumental delivery	not reported	Episiotomy	0%	Birth weight (g)	not reported
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Instrumental delivery	not reported														
Episiotomy	0%														
Birth weight (g)	not reported														
Index test	Index test: Measurement of AVD with TPUS														
Target condition and reference standard	Reference test: Clinical														
Flow and timing	Time interval between index test and reference standard:														
Results	Mean AVD second-degree laceration: 17.8 mm (95 % KI, 16.9–18.7) Mean AVD external sphincter laceration: 11.6 mm (95 % KI, 9.3–13.8) MD= 6.2 mm (4.1 till 8.4) Using an AVD cut-off of > 20 mm: Sensitivity: 0.97 (0.82–1.00)														

	Specificity: 0.25 (0.17–0.33)
Risk of bias	Moderate

AVD = Anovaginal distance; TPUS = Transperineal ultrasound.

Andrews 2006

Study aim	To establish the true prevalence of clinically recognisable and occult obstetric anal sphincter injuries														
Method	Design: Cohort Country: UK Clinical setting: Busy district general hospital														
Participant	Sample size: 241 women Population: Two hundred and thirty-two (96%) were nulliparous and nine (4%) had had a previous caesarean section. One hundred and seventy-three (72%) deliveries were conducted by midwives and 68 (28%) by doctors. Maternal and fetal characteristics, mean±SD or %: <table border="1" style="margin-left: 40px;"><thead><tr><th></th><th>mean±SD or %</th></tr></thead><tbody><tr><td>Age (y)</td><td>not reported</td></tr><tr><td>BMI (kg/m²)</td><td>not reported</td></tr><tr><td>Primiparous</td><td>100%</td></tr><tr><td>Instrumental delivery</td><td>26%</td></tr><tr><td>Episiotomy</td><td>41%</td></tr><tr><td>Birth weight (g)</td><td>not reported</td></tr></tbody></table> Exclusion criteria: Follow-up time: 51 days (SD=16 days) Dropouts: 13% at follow up		mean±SD or %	Age (y)	not reported	BMI (kg/m ²)	not reported	Primiparous	100%	Instrumental delivery	26%	Episiotomy	41%	Birth weight (g)	not reported
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Primiparous	100%														
Instrumental delivery	26%														
Episiotomy	41%														
Birth weight (g)	not reported														
Intervention	Re-examination by a trained research fellow														
Outcome	Prevalence of OASIS														
Results	Prevalence of OASIS: Examination by midwife: 13.3% Re-examination by trained research fellow 24.5% RD=0.11 (95% CI, 0.04–0.18) RR=1.84 (95% CI, 1.27–2.68)														
Risk of bias	Low														

Groom 2002

Study aim	To assess if the clinical diagnosis of third-degree tears could be improved by increased vigilance in perineal assessment
Method	Design: controlled prospective observational study Country: UK Setting: hospital delivery unit

Participants	Sample size: 483 women			
	Population: women undergoing their first vaginal and who sustained perineal trauma, all were nulliparous except for three women who had one previous delivery by caesarean section.			
	Maternal and fetal characteristics (intervention, control), mean±SD or %:			
		Intervention (mean±SD or %)	Control (mean±SD or %)	
	Age (y)			not reported
	BMI (kg/m ²)			not reported
	Primiparous			100%
Instrumental delivery	40%		42.5%	
Episiotomy	30%		51.5%	
Birth weight (kg)	3.32		3.33	
	Follow-up time: assessment immediately after delivery			
	Dropouts: none			
Intervention	Intervention: additional assessment			
	Control: routine assessment			
Outcome	Rate of detected third degree tear			
Results	Rates of perineal trauma			
	Trauma	Intervention (%)	Control (%)	p
	First degree	15	16	<0.0001
	Second degree	40	25	<0.0001
	Third/fourth degree	15	7.5	<0.0001
	Episiotomy	30	51.5	<0.0001
	RD=0.07 (95% CI, 0.01–0.14) RR=1.99 (95% CI, 1.14–3.49)			
Risk of bias				
Comments	If episiotomy extended to include the anal sphincter it was re-categorised as a third-degree tear			

Van Dillen 2010

Study aim	To determine the incidence of obstetric anal sphincter injury	
Method	Design: prospective multicentre audit	
	Country: Netherlands	
	Setting: 3 teaching hospitals, secondary/tertiary care	
Participants	Sample size: 1979 deliveries during intervention, 4169 deliveries the year before	
	Population:	
	Maternal and fetal characteristics:	
	1 year before intervention (mean±SD or %)	during intervention (mean±SD or %)

	Age (y)		not reported
	BMI (kg/m ²)		not reported
	Primiparous		100%
	Instrumental delivery	40%	42.5%
	Episiotomy	30%	51.5%
	Birth weight (kg)	3.32	3.33
	Follow-up time: 6 months		
	Dropouts: not reported		
Intervention	Another midwife or resident gynaecologist on call re-evaluated the extent of the trauma in the case of perineal muscle involvement (i.e., an injury RCOG grade \geq 2)		
Outcome	Rate of detected OASIS		
Results	Compared with the preceding year, there was a significant increase in the diagnosis of OASIS, from 2.0% to 2.9% in the study period		
Risk of bias	Moderate		
Comments	Intervention was performed during office hours only		

Cornell 2016

Study aim	To assess the rates of detection, management, and outcomes of OASI before and after the implementation of a new clinical practice guideline and operative pro forma			
Method	Design: Uncontrolled before and after Country: Australia Setting: secondary hospital			
Participants	Sample size: 4302 deliveries Population: Maternal and fetal characteristics (group 1, group 2), mean \pm SD or %:			
		Before (mean \pm SD or %)	After (mean \pm SD or %)	p
	Age	26.3 \pm 5.5	28.0 \pm 4.4	0.113
	BMI (kg/m ²)	not reported		
	Primiparous	81%	84%	0.805
	Instrumental delivery	not reported		
	Episiotomy	74%	66%	0.428
	Birth weight (g)	3373 \pm 85.9	3367 \pm 56.8	0.953
	Follow-up time: 2 years audit			
	Dropouts: 68% compliance rate with the pro forma			
Intervention	A 12-month audit of the incidence, management, and outcomes of OASI was conducted in 2009. An operative pro forma and practice guideline were implemented in 2010 followed by a further audit undertaken between 2010 and 2012.			

Outcome	rates of detection, management, and outcomes of OASI			
Results	Distribution of the types of perineal tears:			
	Perineal tear	Before (%)	After (%)	p
	3a	29	39	NS
	3b	37	43	NS
	3c	19	10	No data
	4 th degree	11	8	No data
	Buttonhole	4	0	No data
Risk of bias	Moderate			
Comments	There was only a 68% compliance rate with the pro forma, and while there was formal education provided to the staff initially, this was not regularly performed throughout the time of the audit.			

NS = Not significant, OASI = Obstetric anal sphincter injury

Sheng 2019

Study aim	To determine whether index finger palpatory assessment of pubovisceral (PV) muscle body integrity through the lateral vaginal wall is a reliable indicator of PV muscle tear severity diagnosed by magnetic resonance imaging (MRI)														
Participant sampling	<p>Design: DTA</p> <p>Recruitment period: 14 January 2004 - 1 April 2012</p> <p>Country: USA</p> <p>Clinical setting: University hospital</p> <p>Sample size: 85 women</p>														
Participant characteristics and setting	<p>Population:</p> <p>Maternal and fetal characteristics, mean±SD or %:</p> <table border="1"> <thead> <tr> <th></th> <th>mean±SD or %</th> </tr> </thead> <tbody> <tr> <td>Age (y)</td> <td>29.2±5.7</td> </tr> <tr> <td>BMI (kg/m²)</td> <td>not reported</td> </tr> <tr> <td>Primiparous</td> <td>not reported</td> </tr> <tr> <td>Instrumental delivery</td> <td>8%</td> </tr> <tr> <td>Episiotomy</td> <td>20%</td> </tr> <tr> <td>Birth weight (g)</td> <td>3402.9±541.7</td> </tr> </tbody> </table> <p>Inclusion criteria: At least one risk factor for PV muscle tear, including maternal age greater than 33 years, second stage of labor longer than 150 minutes or less than 30 minutes, delivered infant weighing greater than 4000 gm, forceps or vacuum delivery, or third- or fourth-degree anal sphincter laceration.</p> <p>Exclusion criteria: prior urogynecologic surgery, unwillingness to undergo a pelvic examination, history of neurological conditions or traumatic accident injury, medical conditions</p>		mean±SD or %	Age (y)	29.2±5.7	BMI (kg/m ²)	not reported	Primiparous	not reported	Instrumental delivery	8%	Episiotomy	20%	Birth weight (g)	3402.9±541.7
	mean±SD or %														
Age (y)	29.2±5.7														
BMI (kg/m ²)	not reported														
Primiparous	not reported														
Instrumental delivery	8%														
Episiotomy	20%														
Birth weight (g)	3402.9±541.7														
Index test	Index test: palpatory assessment														

Target condition and reference standard	Target condition: PV muscle tear Reference test: MRI
Flow and timing	Time interval between index test and reference standard: unclear
Results	Odds ratio for estimating MRI results from palpatory assessment: OR=3.62 (95% CI, 1.70–7.73)
Risk of bias	Unclear

Lipschuetz 2014

Study aim	To examine the correlation of three-dimensional transperineal ultrasound (3D-TPUS) finding of LAM defects with results of clinical examination of the pelvic floor, at intermediate follow-up														
Participant sampling	Design: DTA Country: Israel Clinical setting: University Medical Centre Sample size: 87														
Participant characteristics and setting	Population: primiparous women 8.7±3.5 (range 3–21) months after delivery Maternal and fetal characteristics: <table border="1" style="margin-left: 20px;"> <thead> <tr> <th></th> <th style="text-align: center;">Value (mean±SD or %, range)</th> </tr> </thead> <tbody> <tr> <td>Age</td> <td style="text-align: center;">27.9±5.1 (19-47)</td> </tr> <tr> <td>BMI (kg/m²)</td> <td style="text-align: center;">Not reported</td> </tr> <tr> <td>Primiparous</td> <td style="text-align: center;">100%</td> </tr> <tr> <td>Instrumental delivery</td> <td style="text-align: center;">Not reported</td> </tr> <tr> <td>Episiotomy</td> <td style="text-align: center;">Not reported</td> </tr> <tr> <td>Birth weight (g)</td> <td style="text-align: center;">3203±52.3 (1940-080)</td> </tr> </tbody> </table> Inclusion criteria: primiparous women who delivered singleton babies Exclusion criteria: Women who were pregnant at the time of contact, or had given birth in the interim since the earlier study		Value (mean±SD or %, range)	Age	27.9±5.1 (19-47)	BMI (kg/m ²)	Not reported	Primiparous	100%	Instrumental delivery	Not reported	Episiotomy	Not reported	Birth weight (g)	3203±52.3 (1940-080)
	Value (mean±SD or %, range)														
Age	27.9±5.1 (19-47)														
BMI (kg/m ²)	Not reported														
Primiparous	100%														
Instrumental delivery	Not reported														
Episiotomy	Not reported														
Birth weight (g)	3203±52.3 (1940-080)														
Index test	Index test: clinical examination														
Target condition and reference standard	Target condition: LAM defects Reference test: 3D-TPUS														
Flow and timing	Time interval between index test and reference standard: concurrently														
Results	Sensitivity = 63% (95% CI, 38 to 84%) Specificity = 68% (95% CI, 55 to 78%)														
Risk of bias	Low														

3D-TPUS = Three-dimensional transperineal ultrasound; DTA = Diagnostic Test Accuracy; LAM = Levator ani muscle.

van Delft 2015a (Does the...)

Study aim	To establish the correlation between LAM avulsion diagnosed at rest and that on contraction, using transperineal tomographic ultrasound imaging (TUI)
Method	Design: prospective longitudinal study

	Country: UK, Netherland Setting: university hospital														
Participants	Sample size: 190 primiparae provided 380 analytical units (left and right sides analysed separately) Population: Maternal and fetal characteristics <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 80%;"></th> <th style="text-align: center; border-bottom: 1px solid black;">Value (mean±SD or %)</th> </tr> </thead> <tbody> <tr> <td>Age</td> <td style="text-align: center;">30.2±5.8</td> </tr> <tr> <td>BMI (kg/m²)</td> <td style="text-align: center;">25.4±5.3</td> </tr> <tr> <td>Primiparous</td> <td style="text-align: center;">100%</td> </tr> <tr> <td>Instrumental delivery</td> <td style="text-align: center;">26.9%</td> </tr> <tr> <td>Episiotomy</td> <td style="text-align: center;">Not reported</td> </tr> <tr> <td>Birth weight (g)</td> <td style="text-align: center;">Not reported</td> </tr> </tbody> </table> Follow-up time: 13 (range, 10–26) weeks postpartum		Value (mean±SD or %)	Age	30.2±5.8	BMI (kg/m ²)	25.4±5.3	Primiparous	100%	Instrumental delivery	26.9%	Episiotomy	Not reported	Birth weight (g)	Not reported
	Value (mean±SD or %)														
Age	30.2±5.8														
BMI (kg/m ²)	25.4±5.3														
Primiparous	100%														
Instrumental delivery	26.9%														
Episiotomy	Not reported														
Birth weight (g)	Not reported														
Intervention	TUI at rest and contraction														
Outcome	LAM avulsion														
Results	Twenty-two (5.8%) cases of LAM avulsion were identified both at rest and on maximum pelvic floor muscle contraction. Fourteen (3.7%) cases of LAM avulsion (in 12 women) were diagnosed at rest only and 13 (3.4%) cases (in 11 women) were diagnosed on maximum pelvic floor muscle contraction only. The use of TUI to diagnose LAM avulsion correlates moderately for images obtained at rest and on maximum pelvic floor muscle contraction.														
Risk of bias	Low														
Comments	24.7% delivered by Caesarean section														

LAM= levator ani muscle; TUI= transperineal tomographic ultrasound imaging

van Delft 2015b (Agreement...)

Study aim	To estimate agreement between transperineal and endovaginal ultrasound in assessing levator ani biometry and avulsion and determine agreement between levator avulsion palpation and ultrasound.								
Method	Design: DTA Country: UK, USA, Netherlands Setting: University hospital								
Participant characteristics and setting	Sample size: 191 primipara women Population: Maternal and fetal characteristics <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 80%;"></th> <th style="text-align: center; border-bottom: 1px solid black;">Value (mean±SD or %)</th> </tr> </thead> <tbody> <tr> <td>Age</td> <td style="text-align: center;">30.2±5.8</td> </tr> <tr> <td>BMI (kg/m²)</td> <td style="text-align: center;">25.4±5.3</td> </tr> <tr> <td>Primiparous</td> <td style="text-align: center;">100%</td> </tr> </tbody> </table>		Value (mean±SD or %)	Age	30.2±5.8	BMI (kg/m ²)	25.4±5.3	Primiparous	100%
	Value (mean±SD or %)								
Age	30.2±5.8								
BMI (kg/m ²)	25.4±5.3								
Primiparous	100%								

	<i>Instrumental delivery</i> Not reported <i>Episiotomy</i> Not reported <i>Birth weight (g)</i> Not reported Inclusion criteria: nulliparous women Exclusion criteria: not reported Follow-up time: 13 weeks postpartum (range 10-26)
Index test	Index test: EVUS
Target condition and reference standard	Target condition: LAM defects Reference test: TPUS
Flow and timing	Time interval between index test and reference standard: concurrently
Results	EVUS (TPUS as reference standard): Sensitivity: 76% (95 % CI, 59 till 89 %) Specificity: 97% (95% CI, 95 till 99 %)
Risk of bias	Low

DTA = Diagnostic Test Accuracy; EVUS = endovaginal ultrasound; TPUS = transperineal ultrasound.

Montaguti 2019

Study aim	To evaluate the intermethod agreement between the tomographic ultrasound imaging (TUI), considered as the gold standard, and the OmniView-VCI in the diagnosis of levator ani muscle (LAM) avulsion and in the measurement of levator-urethral gap (LUG).														
Participant sampling	Design: DTA Country: Italy Clinical setting: University hospital Sample size: 114 women														
Participant characteristics and setting	Population: Maternal and fetal characteristics <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th></th> <th style="text-align: center;">Value (mean±SD or %)</th> </tr> </thead> <tbody> <tr> <td>Age</td> <td style="text-align: center;">32±7</td> </tr> <tr> <td>BMI (kg/m²)</td> <td style="text-align: center;">23.8±4.2</td> </tr> <tr> <td>Primiparous</td> <td style="text-align: center;">100%</td> </tr> <tr> <td>Instrumental delivery</td> <td style="text-align: center;">0%</td> </tr> <tr> <td>Episiotomy</td> <td style="text-align: center;">Not reported</td> </tr> <tr> <td>Birth weight (g)</td> <td style="text-align: center;">Not reported</td> </tr> </tbody> </table> Inclusion criteria: women following their first spontaneous delivery Exclusion criteria: instrumental delivery Follow-up time: 3 to 6 months following delivery		Value (mean±SD or %)	Age	32±7	BMI (kg/m ²)	23.8±4.2	Primiparous	100%	Instrumental delivery	0%	Episiotomy	Not reported	Birth weight (g)	Not reported
	Value (mean±SD or %)														
Age	32±7														
BMI (kg/m ²)	23.8±4.2														
Primiparous	100%														
Instrumental delivery	0%														
Episiotomy	Not reported														
Birth weight (g)	Not reported														
Index test	Index test: OmniView-VCI														

Target condition and reference standard	Target condition: LAM avulsion Reference test: TUI
Flow and timing	Time interval between index test and reference standard: concurrently
Results	AUC of LUG in predicting avulsion = 0.931 (95% CI, 0.868-0.994) with 24mm showing the best sensitivity (82%) and specificity (97%)
Risk of bias	Unclear

AUC = Area under the receiver-operating characteristic (ROC) curve; DTA = Diagnostic Test Accuracy; LUG = Levator-urethral gap; TUI = Tomographic ultrasound imaging; VCI = Volume contrast Imaging.

Greenbaum 2020

Study aim	To determine an optimal cut-off value for LUG measurements in a high-risk patient population.																						
Participant sampling	Design: DTA Recruitment period: November 2011 and May 2018 Country: Israel Clinical setting: tertiary referral center Sample size: 618																						
Participant characteristics and setting	Population: Maternal and fetal characteristics <table border="1" style="margin-left: 40px;"> <thead> <tr> <th></th> <th style="text-align: center;">Avulsion (median and IQR)</th> <th style="text-align: center;">No avulsion (median and IQR)</th> </tr> </thead> <tbody> <tr> <td>Age</td> <td style="text-align: center;">30 (26-34)</td> <td style="text-align: center;">28 (24-31)</td> </tr> <tr> <td>BMI (kg/m²)</td> <td style="text-align: center;">23 (20.9-25.9)</td> <td style="text-align: center;">23.5 (21.3-26.5)</td> </tr> <tr> <td>Parity</td> <td style="text-align: center;">1 (1-2)</td> <td style="text-align: center;">1 (1-2)</td> </tr> <tr> <td>Instrumental delivery</td> <td style="text-align: center;">33.5%</td> <td style="text-align: center;">20.8%</td> </tr> <tr> <td>Episiotomy</td> <td style="text-align: center;">59.1%</td> <td style="text-align: center;">47.7%</td> </tr> <tr> <td>Birth weight (g)</td> <td style="text-align: center;">3415 (3145-3720)</td> <td style="text-align: center;">3390 (3100-3715)</td> </tr> </tbody> </table> Inclusion criteria: women who have undergone pelvic floor regardless of the severity of the OASI Exclusion criteria: women with partial avulsion			Avulsion (median and IQR)	No avulsion (median and IQR)	Age	30 (26-34)	28 (24-31)	BMI (kg/m ²)	23 (20.9-25.9)	23.5 (21.3-26.5)	Parity	1 (1-2)	1 (1-2)	Instrumental delivery	33.5%	20.8%	Episiotomy	59.1%	47.7%	Birth weight (g)	3415 (3145-3720)	3390 (3100-3715)
	Avulsion (median and IQR)	No avulsion (median and IQR)																					
Age	30 (26-34)	28 (24-31)																					
BMI (kg/m ²)	23 (20.9-25.9)	23.5 (21.3-26.5)																					
Parity	1 (1-2)	1 (1-2)																					
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Episiotomy	59.1%	47.7%																					
Birth weight (g)	3415 (3145-3720)	3390 (3100-3715)																					
Index test	Index test: a visual qualitative assessment or eyeballing																						
Target condition and reference standard	Target condition: complete avulsion Reference test: 2/3/4D TPUS																						
Flow and timing	Time interval between index test and reference standard: concurrently																						
Results	AUC 0.869 for a cutoff of 2.305 (95% confidence interval, 0.84-0.90)																						
Risk of bias	Unclear																						

AUC = Area under the receiver-operating characteristic (ROC) curve; IQR interquartile range, 2/3/4 TPUS = Two-dimensional/three-dimensional/four-dimensional transperineal ultrasound.

Vanlig

Study aim	
Method	Design: Country: Setting:
Participants	Sample size: Population: Maternal and fetal characteristics (intervention, control), mean±SD or %: <i>Age:</i> <i>BMI (kg/m²):</i> <i>Nulliparity:</i> <i>Instrumental delivery:</i> <i>Episiotomy:</i> <i>Birth weight (kg):</i> Follow-up time: Dropouts:
Intervention	Intervention: Control:
Outcome	
Results	
Risk of bias	
Comments	

Diagnostik

Study aim	
Participant sampling	Design: Recruitment period: Country: Clinical setting: Sample size:
Participant characteristics and setting	Population: Maternal and fetal characteristics (,), mean±SD or %: <i>Age (y):</i> <i>BMI (kg/m²):</i> <i>Nulliparity:</i> <i>Instrumental delivery:</i> <i>Episiotomy:</i> <i>Birth weight (grams):</i> Inclusion criteria: Exclusion criteria: Dropouts:

Index test	Index test:
Target condition and reference standard	Target condition: Reference test:
Flow and timing	Time interval between index test and reference standard:
Results	
Risk of bias	
