

# Bilaga 3. Förteckning/referenslista över exkluderade studier och studier med låga bevisvärden

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## 3.1 Multimodal rehabilitering

### *Studier som granskats men som inte uppfyllde inklusionskriterierna*

United Kingdom back pain exercise and manipulation (UK BEAM) randomised trial: effectiveness of physical treatments for back pain in primary care.  
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### **3.2 Fysisk aktivitet/träning, manuella och fysikaliska metoder samt beteende-medicinska behandlingar**

*Studier som granskats men inte uppfyllde inklusionskriterierna eller kravet på minst medelhög kvalitet och relevans*

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### **3.3 Psykologiska behandlingsmetoder givna av en behandlare**

*Studier som granskats men inte uppfyllde inklusionskriterierna*

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### **3.4 Akupunktur, TENS, triggerpunktsbehandling**

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